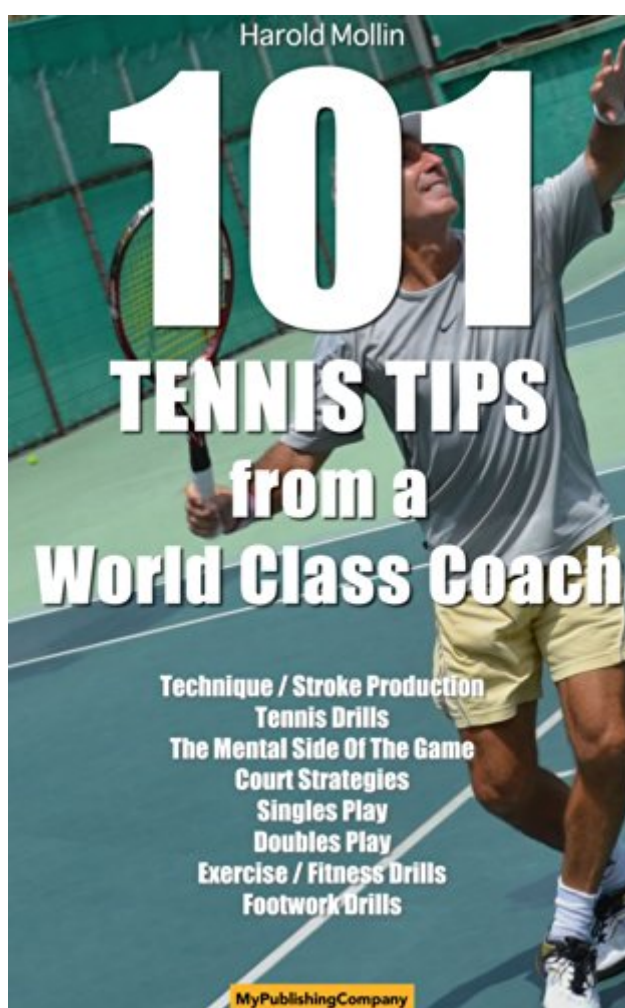


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# 101 Tennis Tips From A World Class Coach VOLUME 1: A Common Sense Approach To Tennis (101 Tennis Tips From A World Class Tennis Coach)



## Synopsis

You will discover in the book great tips about tennis: technique/stroke production, tennis drills & stroke production, the mental side of the game, court strategies, singles play, doubles play, exercise/fitness drills and footwork drills.

“101 Tennis Tips From A World Class Coach - A Common Sense Approach to Tennis” will give you tennis tips on the following:

1. Play On All Kind Of Surfaces
2. Quick Server - Learn What To Do With This Cheater
3. Every Shot | Every Way | Every Time
4. Close Close Close - And Know When!

**BIOMr. Mollin, an American citizen, is currently one of Thailand's National Veterans Tennis Champions (singles and doubles) along with being Asian ITF Tennis Champion (singles and doubles), the former owner of tennis clubs / academies in the United States as well as being the former Chairman and Publisher of one of the United Kingdom's foremost Men's, Women's, and Young Teen's fitness magazines. He brings a proven tennis expertise in training champions. Prior to his long business career, Mr. Mollin was coached and worked with the former Australian Davis Cup coach and probably the most famous tennis coach in the world, Mr. Harry Hopman. Mr. Mollin helped coach and trained with numerous Grand Slam and international champions such as John McEnroe and Vitas Gerulaitis. While in Asia, Mr. Mollin has overseen Tennis Programs at various tennis academies and clubs in Thailand and India. Currently, Mr. Mollin is The Director of Tennis for a Bangkok Sport Club in Thailand where he has been training tournament players from around Asia, the USA, and other locales.**

**AWARDS** For the past few years in Asia Mr. Mollin has participated and won the following competitions, among many others (over 200 tournaments won in Asia alone). Mr. Mollin is the only player known to have won 30 tournaments consecutively in the course of one year. Some recent wins include the following:

- 2012: ITF Mens Singles Winner - Asian Championships
- 2012: Thai National Veteran's Singles Champion
- 2012: ITF Mens Doubles 35 Winner Pattaya Inter Club
- 2012: ITF Mens Doubles 55 Winner Pattaya Inter Club
- 2012: ITF Mens Singles Winner Pattaya Inter Club
- 2010: ITF Asian Seniors Winner & Singles
- 2010: ITF Asian Seniors Winner - Doubles
- 2012, 2011: Thai National Veteran's Singles and Doubles
- 2009, 2008: Champion
- 2008: VLTA Mixed Doubles Champion
- 2008: VLTA Senior Champion
- 2008: Pattaya Veteran's Champion
- 2002, 2003: Thai National Veteran's Singles Champion
- 2002, 2004: Thai National Veteran's 40's & 55's Doubles Champion
- 2002, 2003, 2004, 2007: Asian 50's & 55's Doubles Veteran's Champion

**READERS REVIEWSSimple And Straightforward**"There's no substitute for experience, as they say, and Harold has both quality and quantity. As in all sport executed at the top level it looks so, so simple and straightforward. Those that have tried, at every level, know otherwise. Everyone can benefit from a

cursory glance, lesson or full blown training regimen. I can think of no-one with a greater depth of knowledge or skill in identifying those key details that will improve your game than Harold Mollin!" - James Y. Definitely Crazy In A Good Way" As a psychologist, I know there are crazy people in a good way and crazy people in a bad way. From my life experience, I also know there are good pains in the ass and bad pains. Harold Mollin is definitely crazy in the good way - never met someone so crazy about tennis. [...] Most importantly, from an educational viewpoint, Harold sincerely enjoys the progress all his students are making in their tennis. Life, not only tennis, is all about beating/winning from yourself. Harold is certainly making a significant contribution to my ambition of becoming a worldwide top 100 player in the ITF Seniors (50+) circuit!" - Vittorio B. Psychologist, PhD

## Book Information

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## Customer Reviews

Nice and simple tips, they are easy to apply. I think you will visit these tips over and over as you improve your tennis! recommend reading 10 tips at a time and decide to apply them to your game .....because it is always easier said than done

An amazing tennis book to read on and off the court, I really like the tips from his talented tennis player and coach. Everyone can use 101 tips to improve your tennis level in your hand!!! A must to have in your tennis library.

Common tennis sense that tennis players need to be reminded of as we play the game. Some unique suggestions well supported by practical applications of the game and practices we need to concentrate on as we play tennis.

Well done

Harold, thank you very much for your tips! They are very helpful, easy to remember and keep in mind during the game. It really helps to bring tennis to completely different level. Harold, you are the best tennis coach I have ever seen. You teach with your heart and find right words to encourage your students.

If you want a direct, no-nonsense approach to make more shots, more often (and who doesn't) read, digest and put into practice with your mates EVERY time you're on court. Until you read it, you may not realise you're not doing what's needed. Great read that you can go back to again and again.

Tip 102 would be to get yourself a copy of this book to improve your knowledge of the game, and get on the court to put the tips to practice. Harold has a great passion for the game, coaching and is a tough taskmaster like his mentor Henry 'Harry' Hopman.

Easy to read and common sense tips for the keen tennis player to take his or her game to the next level. Harold is passionate at what he does (and plays a pretty handy game himself).

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